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ONE LUMP OR TWO?

Things that suck about being diabetic (Volume 1)

by Haidee Soule Merritt

Bird Wing Press

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READERS' COMMENTS:

"I just left Dr. Raven's office with a smile on my face. Your book is hilarious! I just wanted to say thank you. No one is ever so real about this god forsaken disease, and you are a breath of fresh air. As a wannabe writer, I'm always sending in stuff to the paper I know would grab a reader's attention. Well, you grabbed mine, and I want you to know that I plan on spreading the word. I think your books will usher in a brand new era of Diabetes Education.

... you're awesome, keep it up!" --R.A.-- Portsmouth, NH

"There really isn't a cartoon in this book that I didn't identify with.

... finding humor in the diabetic lifestyle makes it easier to cope with. Merritt has accomplished that quite easily with **One Lump Or Two**.

I find myself going back to again and again. It is so "me," if you know what I mean. I think you will have no problem identifying with the humor too. . . I really love **One Lump Or Two** and highly recommend it. Laughter is always good medicine." -- **The Sweet Diabetic** Blog, www.thesweetdiabetic.com, Feb. 23, 2009

"Haidee Merritt has produced an insightful, hilarious take on having diabetes based on real-life experience. Her book, **One Lump or Two- Things That Suck About Being Diabetic** is a perceptive and inspired cartoon book which could have been a collaboration between George Carlin, Linda Barry and Harvey Pekar. This is not a book to give to someone recently diagnosed with diabetes, but is perfect for laughs for those who have lived with diabetes and know the many and varied experiences life brings when coping with a disease 24/7. This is not for the faint of heart, either. It is perfect for a crowd raised on "The Simpsons" or "South Park" or "The Daily Show". I am sure that even a Red-State Type 2 person with diabetes would find themselves chuckling at many of the comics. Diabetes Educators will probably want to post out-takes in their offices. I even see the potential for a tear-off daily calendar in Ms. Merritt's future as her audience unfortunately continues to expand. Hats off to a person who has lived through many of the experiences diabetes brings with it and whose book deserves the attention of patients living with diabetes and of diabetes educators everywhere." -- **Daniel Crowe, MD, CDE, Diabetologist/Southboro Medical Group**

ABOUT THE AUTHOR: Haidee Soule Merritt holds a B.A. in Literature and Classics from the University of Washington in Seattle. She resides in Portsmouth, New Hampshire, across the bridge from her studio in Kittery, Maine. She is well known on the local art scene as "The Dragonfly Lady" for her finely detailed illustrations of colorful insects, among other subjects.

For more information or to receive a review copy, please contact Haidee S. Merritt at 603.498.4912 or email her directly at hsmerritt@comcast.net.

Visit the **ONE LUMP OR TWO** website at www.HaideeMerritt.com.

